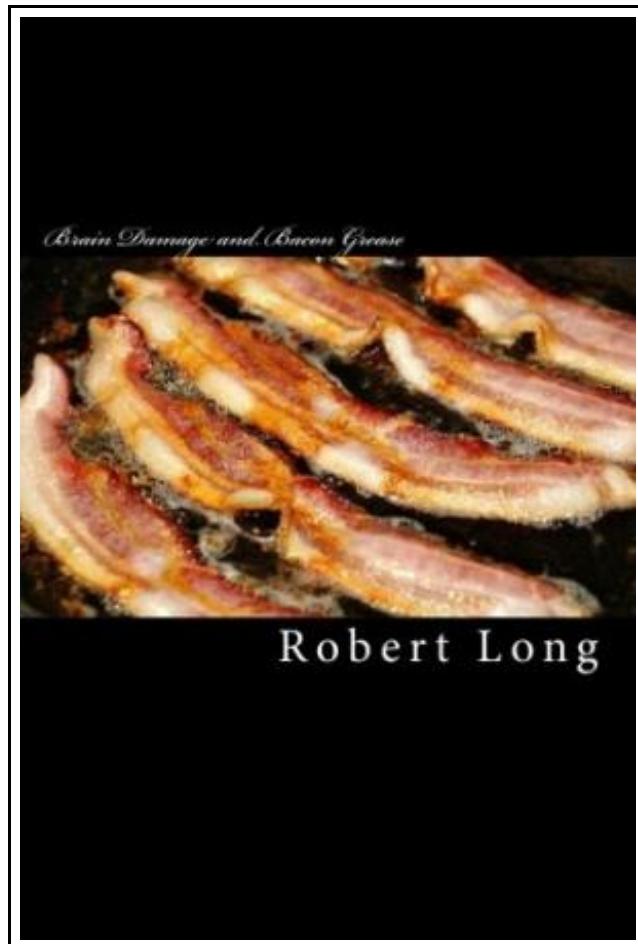


## Brain Damage and Bacon Grease A Recovery From Relationship Trauma



Filesize: 5.65 MB

### Reviews

*Extensive manual! Its such a great read. It really is loaded with knowledge and wisdom You wont really feel monotony at at any time of your time (that's what catalogs are for regarding if you ask me).*

*(Myrl Hintz)*

## BRAIN DAMAGE AND BACON GREASE A RECOVERY FROM RELATIONSHIP TRAUMA

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CreateSpace Independent Publishing Platform. Paperback. Book Condition: New. This item is printed on demand. Paperback. 124 pages. Dimensions: 9.0in. x 6.0in. x 0.3in. The book is a collection of short stories and poems that were written as I moved through several relationships over a four year period. I wrote blogs that were originally supposed to be a part of this. I charted and chronicled every step of my healing, every growth, every realization. Rehabilitating ones personality is hard. At the beginning, the book was supposed to be a chronicle of my recovery from my divorce, but I made the mistake of going straight from my marriage into a bad relationship with a younger woman. Getting away from that relationship almost killed me. 5 years of marriage plus 5 years of abusive relationship plus ten years of custody battle equals fifteen years of pain and suffering (the first five of the custody battle were served concurrently with the abusive relationship). But really, the pieces collected in this book were the expressions that came out of the healing period, from 2006 to 2011. These were the creative parts, the art therapy. I decided to leave out the blogs, the rants, the emotional gushing, the instant message transcripts. I suppose at some point, if theres ever an interest, those things might be restored. Theyre all stored somewhere. Now that Ive bummed you out, realize the collection is hopeful. Im still alive, and on the other side of it all my life is picking up momentum, and Im doing more with the time afforded me now than I ever have before. There is a novel that Im very proud of, coming very soon. So a personal thank you to all those who helped create whats inside. I cant list the names, because apparently thats gauche,...

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