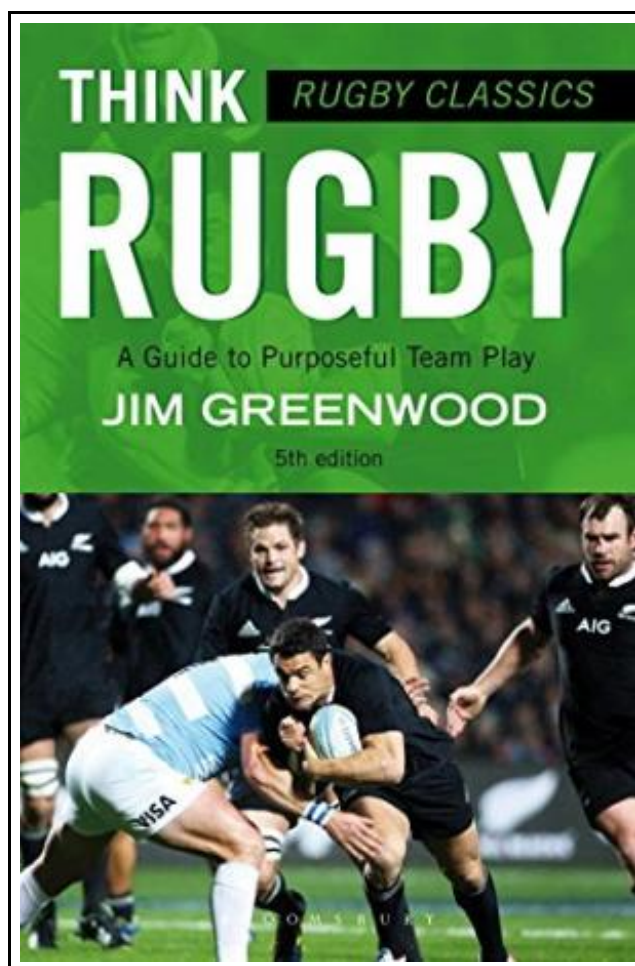


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(Quinton Balistreri)

RUGBY CLASSICS: THINK RUGBY: A GUIDE TO PURPOSEFUL TEAM PLAY



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Bloomsbury Publishing PLC, United Kingdom, 2015. Paperback. Book Condition: New. 5th Revised edition. 232 x 152 mm. Language: English . Brand New Book. Think Rugby and Total Rugby are rugby classics - two of the most important and influential books ever written on the game of rugby. Thousands of players and coaches around the globe have benefited from the concepts and methods in these books, equipping them with the coaching skills and strategy to play the very best in fifteen-a-side rugby. Think Rugby is a systems book that gets both coach and player working more productively: - the coach, through a wealth of practical advice on keeping sessions fresh and purposeful - the player, through tried and tested methods of improving tactical decision-making to enhance whole-team possession - the team, through focusing on dynamic attack in the forwards and effective positioning in the backs. Written by one of Rugby Union's most respected coaches, Think Rugby is a classic manual, which continues to influence coaching strategy the world over.



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