



Fly Without Fear

By Keith Godfrey, Alison Smith

Summersdale Publishers. Paperback. Book Condition: new. BRAND NEW, Fly Without Fear, Keith Godfrey, Alison Smith, Do you have a deep-rooted fear of flying, or would you simply like to be more relaxed when you get on a plane? In this informative and accessible guide, veteran airline pilot Captain Keith Godfrey and psychologist Dr Alison Smith welcome you aboard and take you through everything from take-off to touchdown, helping you to feel more confident and at ease when journeying by air. Many of the questions that trouble nervous flyers are addressed; for example: * What is turbulence? * Why are there so many unusual noises during a flight, and what are they? * How does an aircraft stay in the air? * What happens if an engine fails? * How effective are air traffic controllers?.



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Reviews

It is one of the most popular publications. It really is written in easy words and not difficult to understand. You are going to like how the author wrote this book.

-- **Prof. Evans Balistreri DDS**

Completely essential go through book. This is for all who state there had not been a worthy of reading through. It is extremely difficult to leave it before concluding, once you begin to read the book.

-- **Lydia Legros**