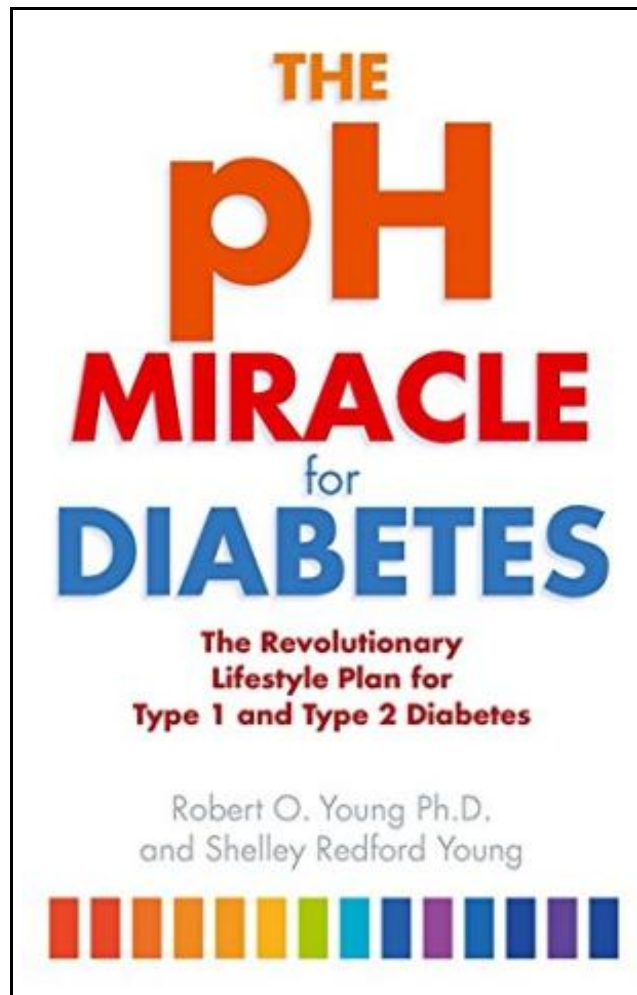


The PH Miracle for Diabetes: The Revolutionary Lifestyle Plan for Type 1 and Type 2 Diabetes



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Reviews

Merely no terms to spell out. We have read through and i also am confident that i will gonna read yet again again in the future. You will not sense monotony at anytime of your own time (that's what catalogs are for about should you question me).

(Pasquale Larkin I)

THE PH MIRACLE FOR DIABETES: THE REVOLUTIONARY LIFESTYLE PLAN FOR TYPE 1 AND TYPE 2 DIABETES



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Little, Brown Book Group. Paperback. Book Condition: new. BRAND NEW, The PH Miracle for Diabetes: The Revolutionary Lifestyle Plan for Type 1 and Type 2 Diabetes, Robert O. Young, Millions of people around the world suffer from diabetes, and the figure is climbing - in the next decade cases are expected to triple in Europe. What this groundbreaking book proposes is that this serious and debilitating disease is entirely preventable. For those already suffering, this plan can reduce or even eliminate the need for insulin or oral medication of any kind. If you want to prevent or reverse diabetes, you should follow the guidelines in **THE pH MIRACLE FOR DIABETES**. Dr Robert Young and his wife, Shelley, reveal a revolutionary diet and lifestyle program that unlocks the secrets of pH balance and of food as a healer, restorer, balancer and life-giver. They illustrate that the single most important measurement of your health is the pH of your blood and tissues - in fact, the entire metabolic process depends on an alkaline environment and chronic over-acidity corrodes body tissue. **THE pH MIRACLE FOR DIABETES** is a proven program that explains which foods to eat, which foods can be combined safely, which should be eaten alone, which should be avoided altogether.



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