



Before Tomorrow

By Smita Jayakar

Partridge Publishing, United States, 2014. Paperback. Book Condition: New. 203 x 127 mm. Language: English . Brand New Book ***** Print on Demand *****.A Bollywood actor who leads a seemingly glamorous life on the surface, but behind the lights, camera, and action is a woman struggling with issues that are eroding her very belief in existence. What happens next is a stuff that can make for a great movie: She stumbles upon the path to self-discovery that transforms not just who she is but her entire life. But this is not what this book that you hold is about. It's about the journey of the very same actor's spiritual exploration that has lasted nearly three decades and what she has learned and experienced. (This is exactly where most people will put it right down.) Yet it is not a boring biography. Nor is it a spiritual rambling of a celebrity on a high. There's no discourse on curbing your materialistic pursuits or calls for giving up worldly pleasures. It's simply an invitation to consider another way of looking at life and at yourself. If you will, you can call it a practical manual to upgrade your...



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