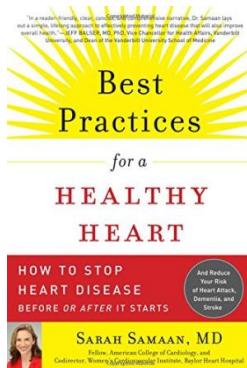


## Best Practices for a Healthy Heart: A Cardiologist s 7-point Plan for Preventing and Reversing Heart Disease



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