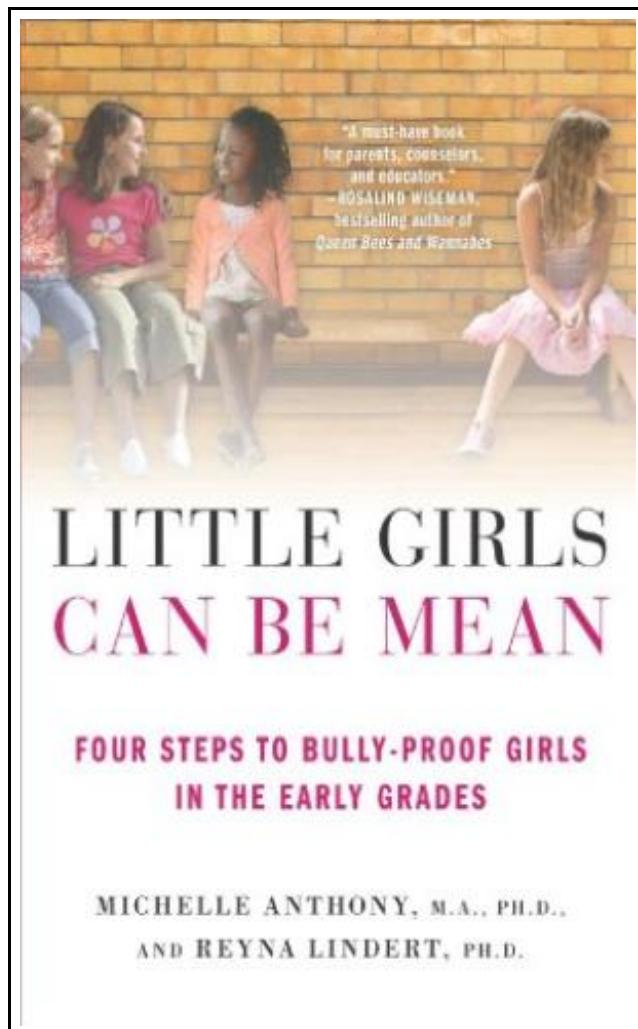


## Little Girls Can Be Mean: Four Steps to Bully-proof Girls in the Early Grades



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### Reviews

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## LITTLE GIRLS CAN BE MEAN: FOUR STEPS TO BULLY-PROOF GIRLS IN THE EARLY GRADES

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St. Martin's Griffin, 2010. Book Condition: New. Brand New, Unread Copy in Perfect Condition. A+ Customer Service! Summary: PRAISE FOR LITTLE GIRLS CAN BE MEAN:"More than ever, young girls are facing painful social challenges that require real skills to respond.offers useful strategies and tools to help parents empower their daughters from the earliest ages." -Rachel Simmons, bestselling author ofOdd Girl OutandThe Curse of the Good Girl"A valuable guide for understanding and demystifying the friendship issues, social cruelty, and bullying of elementary-aged girls. A must-have book for parents, counselors, and educators." - Rosalind Wiseman, bestselling author ofQueen Bees and Wannabes"From clinical studies to mainstream media, the problem of girl aggression has been the subject of growing concern, but most of the recent focus has been on middle- and high-school students, not on elementary-school girls. That's part of the problem, argue the authors of this reassuring guide, which offers practical tips and personal anecdotes aimed at alleviating female "relational aggression" in the critical early grades. In each chapter, the authors, both developmental psychologists, illustrate how adults can guide girls through a four-step process to identify and deal with tough social situations. Throughout, boxed activities for educators, parents, and girls themselves give the tide a highly interactive, proactive feel, and an appended section suggests ways that adults can apply the same techniques to their own lives. More than just invaluable advice about preparing girls to cope with bullying, gossip, and friendship riffs, these are empowering strategies for adults to communicate and connect with their daughters while they are at a highly receptive age and to help them develop resilient self-esteem before they hit the middle-school jungle." -- Booklist.



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