



## Look for Yourself.

By MR John Nigel Trueman

Createspace Independent Publishing Platform, United States, 2015. Paperback. Book Condition: New. 254 x 203 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.The first three sections of this book give different perspectives on life found in Philosophy; Psychology and Science. Each one starts with a brief overview followed by an initial chapter introducing the remarkable individuals who created each perspective as this helps to bring their ideas back to life in today's context. Then there are 3 or 4 chapters explaining their ideas with an appendix at the end containing some additional notes. You are shown these ideas in the form they were originally expressed as this makes you focus on some of the deeper values that tend to get drowned out in today's world. The author suggests that this process is important because looking for yourself at these ideas automatically makes you shape the personal values that you will carry through life. The final section strengthens this process by pulling together some of the common themes threaded through these three stand-alone perspectives. For example, thousands of years ago the ancient Greek philosopher Plato conclude that behind our space-time universe is a more fundamental layer...



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